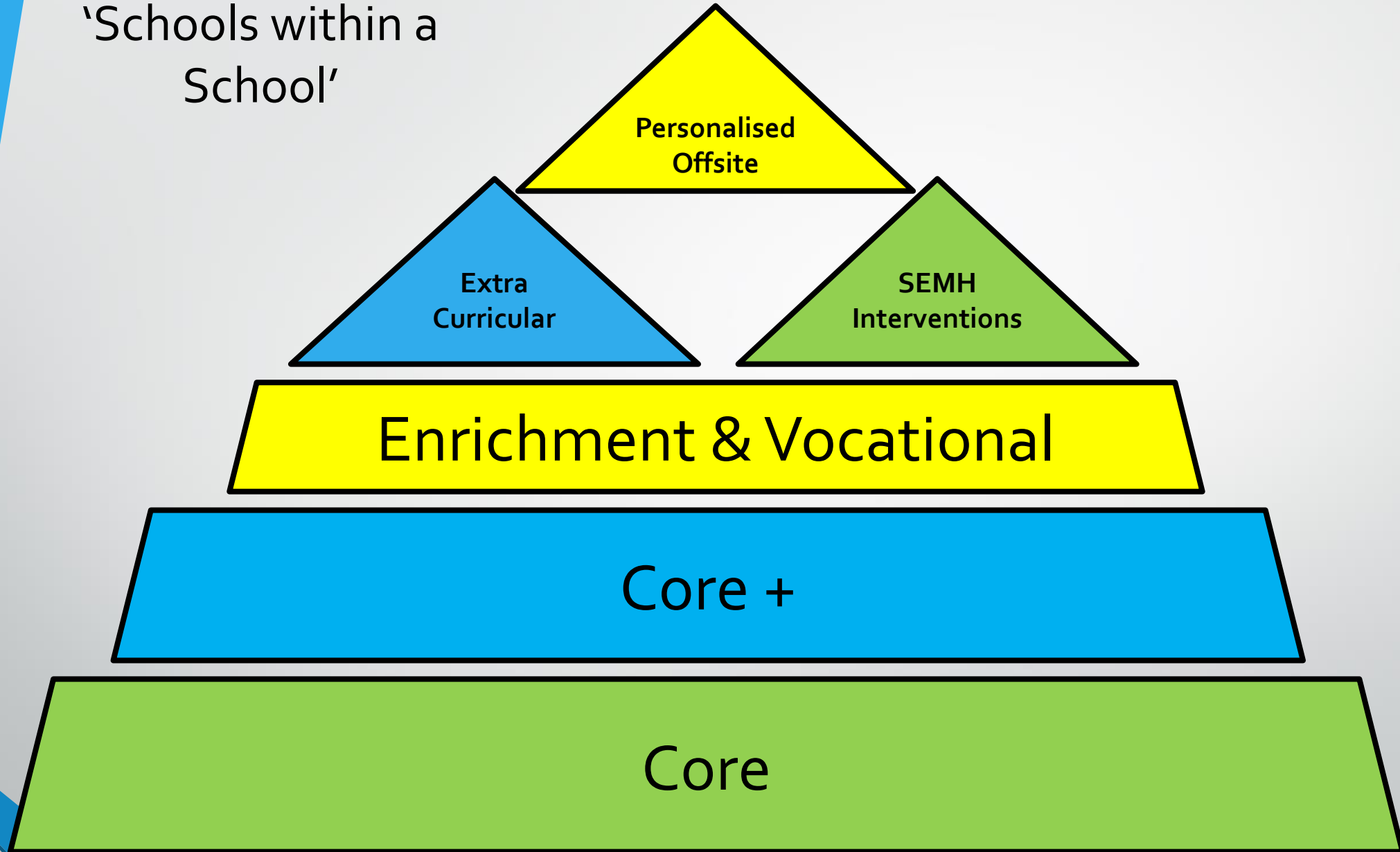


**What do we study at  
KS3 Extension?  
@ Highfields College**

**2023-2024**

'Schools within a School'



# Extension- Key Stage 3

## **Core**

Maths

English

Science

## **Core+**

PSHCE & Careers

Reading

## **Enrichment & Vocational**

Forest Schools

Sports & Fitness

Food & Nutrition

Project (MDT)

## **Extra Curricular**

Art Club

Clay Club

Bike Club

Skills Club

Martial Arts

Inreach



Groups follow a 'primary model of delivery' in line with Nurture UK principles - remaining in their classrooms with the same teacher and support staff for the majority of their learning.

Groups 'step out' for Enrichment and any outdoor learning.

8  
Lessons  
Per  
Week

# KS3 Core – Maths & English

## Teaching Team:

J. Clish, M. Rowe, A. Biggar, K. Barlow, A. Davies, R. Thompson, M. Mehtar, V. Lewis

## Brief:

- **Restart** - Assess where students are at – set a baseline.
- **Re-engage** – Provide opportunity for students to enjoy English and Maths.
- **Redress** – Target any gaps.
- **Reach** – Provide clear pathways for students to achieve a GCSE and/or a college-recognised alternative qualification at KS4.

4  
Lessons  
Per  
Week

# KS4 Core - Science

## Team:

J. Clish, M. Rowe, A. Biggar, K. Barlow, A. Davies, R. Thompson, M. Mehtar, V. Lewis

## Brief:

- **Restart** - Assess where students are at – set a baseline.
- **Re-engage** – Provide opportunity for students to enjoy Science.
- **Redress** – Target any gaps.
- **Reach** – Provide clear pathways for students to achieve a GCSE and/or a college-recognised alternative qualification at KS4.

4  
Lessons  
Per  
Week

# KS3 Core+ - PSHCE and Careers

## Teaching Team:

J. Clish, M. Rowe, A. Biggar, K. Barlow, A. Davies, R. Thompson, M. Mehtar, V. Lewis

## Brief:

- **Re-engage** – Provide opportunity for students to enjoy PSHCE and Careers.
- **Relate & Reflect** – Provide a safe, structured environment for students to reflect on their interests, strengths, school stress 'triggers', areas for development – developing new awareness and insights.

# KS3 Core+ – Reading

1  
Lesson  
Per  
Week

## Teaching Team:

J. Clish, M. Rowe, A. Biggar, K. Barlow, A. Davies, R. Thompson, M. Mehtar, V. Lewis

## Brief:

- **Re-engage** – Provide opportunity for students to experience reading as a safe, enjoyable and increasingly successful activity.
- **Reflect** - Provide opportunity for students to develop awareness of their own reading skills and preferences



# KS3 Core+ – Sports & Fitness

1  
Lesson  
Per  
Week

Teaching Team:  
A. Hevingham

## Brief:

- **Re-engage** – Provide opportunity for students to experience sports and fitness as a safe, enjoyable and increasingly successful activity.
- **Reflect** - Provide opportunity for students to develop awareness of their own sporting skills and preferences.

# KS3 Project

Multi-Disciplinary Thematic Curriculum

5  
Lessons  
Per  
Week

## Teaching Team:

J. Clish, M. Rowe, A. Biggar, K. Barlow, A. Davies, R. Thompson, M. Mehtar, V. Lewis

## Brief:

- **Re-engage** – Provide wider curriculum opportunities to ‘pique interests’ of students, with roots in Humanities and Art.
- **Reach** – Provide an experience of tangible success.

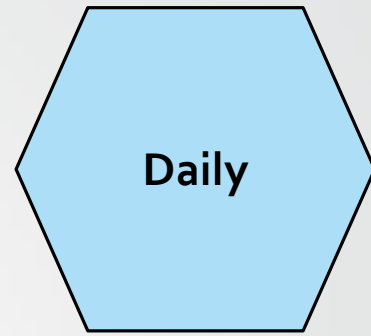
# KS3 Food & Nutrition

1  
per  
Week

Teaching Team:  
L. Fletcher

## Brief:

- **Re-engage** – Provide opportunity for students to explore and develop awareness of food and nutrition.
- **Reflect** - Provide opportunity for students to develop a positive awareness of their own food preferences and choices.



# Supportive Social Times

## Teaching Team:

Various – teacher and mentor led

## Brief:

- **Re-engage** – Provide a guided opportunity for students to enjoy social times, which for many is historically a point of the day involving conflict with their community.
- **Relate & Reflect** – Provide a safe, structured environment for students to reflect on their interests, strengths, school stress 'triggers', areas for development during social times.

# KS3 Mindfulness

4  
Sessions  
Per Week

Teaching Team:  
Mentor Led

## Brief:

- **Re-engage** – Provide opportunity for students to regulate their emotions and energy levels following social time.
- **Reflect** - To nurture in children a sense of well-being – and the particular methods / activities that work for them.

# KS3 Assembly

1 Session  
Per Week

Teaching Team:  
Various

Brief:

- “to provide the opportunity for young people to consider spiritual and moral issues, to develop community spirit and reinforce positive attitudes”.